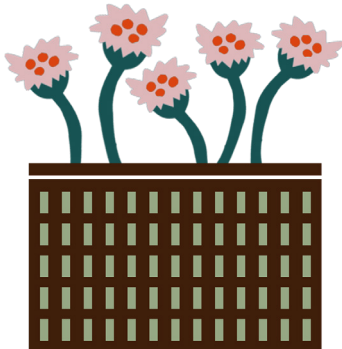


A Gift From The Art House

Eco Bird Feeders

What you'll need

- Envelope with birdseed
- Pipe-cleaner
- Scissors
- An empty plastic bottle
- An old pencil or coffee stirrer or twig



01. Wash your empty bottle

02. Get an adult to help you make 2 small holes opposite each other about two inches from the bottom of the bottle. This is where the pencil will slot in for the birds to sit on.

03. Make 2 more larger holes above these. This will be where the birds get the seeds from.

04. Make 2 very small holes at the top of your bottle. Thread your pipecleaner through these 2 holes and twist it to make a big loop you can use to hang your feeder.

05. Push your pencil through the bottom two holes and then pour your birdseed into the bottle so it covers the pencil and fill the bottle to just below the bigger holes.

06. Screw the lid back on your bottle and hang your bird feeder outside.

07. You do not need to have a garden to hang your birdfeeder. I like to hang mine near a window so I can see the birds eating their breakfast! Make sure there is always birdfeed in there!

A Gift From The Art House

A message from the artist who created this activity, Amelia Baron.

“Hi I’m Amelia! I work at The Art House and am also an artist. My artwork uses lots of repetition and social engagement to create big installations. This means I like to get people involved with the art and talk about mental health to raise awareness that it is okay to not feel great all of the time.

